

## Best Practices in Suicide Screening and Assessment - REL-BHC-0-BPSSA

This course will provide you with information about the numerous risk and protective factors of suicide. You will learn effective screening approaches you can use to identify elevated risk. You will also learn how to follow a positive screening with an in-depth clinical assessment, including several different models you can use to guide your assessment. The goal of this course is to provide alcohol and drug counseling, marriage and family therapy, counseling, psychology, and social work professionals in health and human services with skills to identify individuals at increased risk of suicide. **Credit Hours: 2** 

## Best Practices in Trauma Specific Treatment - REL-HHS-0-BPTST

This course offers you the unique perspective of examining how specific behavioral disorders, such as substance use disorders, eating disorders, depressive disorders, and anxiety disorders, are impacted by trauma. **Credit Hours: 1.75** 

## Best Practices: Behavior Support and Intervention - REL-HHS-CWLA-BPBS

This course offers some practical suggestions for how to reduce the use of seclusion and restraint. It addresses an important issue in the care and treatment of children in residential and/or foster care: the use of restraint and seclusion as behavior management tools. The course defines restraint and seclusion, presents facts and myths regarding their use, and presents data regarding the negative outcomes of the use of restraint and seclusion including child and youth deaths and re-traumatization. Trauma and posttraumatic stress disorder are described and their relationship to experiences of restraint and seclusion are presented. The content in this course is helpful for administrators, supervisors, caregivers, policy makers, and others who work with children and youth. **Credit Hours:1** 

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